

Example whole School long term plan

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	play move explore	agility balance coordination	agility balance coordination	hands feet equipment	hands feet equipment	fair share dare	evade invade capture
		look run avoid	look run avoid	inspire create perform	inspire create perform	evade invade capture	MODIFIED GAME Tag Rugby or Netball
Autumn 2	move match magic	throw prepare catch	throw prepare catch	strike react rally	strike react rally	inspire create perform	inspire create perform
		hands feet equipment	hands feet equipment	look run avoid	look run avoid	block guard support	MODIFIED GAME Football or Gaelic
Spring 1	explore evade escape	jump shape create	jump shape create	agility balance coordination	react roll retrieve	lend move score	symmetry balance travel
		fair share dare	fair share dare	react roll retrieve	throw prepare catch	watch move connect	MODIFIED GAME Tchoukball or Handball
Spring 2	search steal share	duel win lose	duel win lose	run jump throw	run jump throw	symmetry balance travel	lend move score
		inspire create perform	inspire create perform	fair share dare	fair share dare	explore solve challenge	MODIFIED GAME Basketball or Hockey
Summer 1	crawl climb collect	run jump throw	run jump throw	duel win lose	duel win lose	aim strike retrieve	speed distance strength
		react roll retrieve	react roll retrieve	pass position patience	pass position patience	serve set slam	MODIFIED GAME Tennis or Cricket
Summer 2	hands feet equipment	target control combine	target control combine	jump shape create	symmetry balance travel	run jump throw	aim strike retrieve
		send receive return	send receive return	accuracy power distance	accuracy power distance	speed distance strength	MODIFIED GAME Rounders